



JUNE 6, 2025

1. IN THE HEART OF THE CHURCH AND THE INSTITUTE

1.3 Encountering the Church of yesterday and today

1.3.3 Personal Day and Evaluation



MASS

(Personal prayer throughout the day will take the place of morning prayer.)

PERSONAL DAY

(The following is to be read before everyone departs. All participants need to return in time for the Prayer and Personal Synthesis.)

Guide: As pilgrims of Hope, we are in Rome at the center of the Church where Christians have borne witness to the gift of faith even to martyrdom, is like drawing water from the fountain of our faith. We have been touched by many strong experiences that we have lived together during these days, experiences which have reawakened in us the blessed hope for the coming of His kingdom. Today, we continue the journey individually or in small groups, but always in spiritual harmony.

Let us ask the Lord for the grace to know how to take advantage of this day to revive and make our faith and our vocation ever stronger.



PRAYER AND PERSONAL SYNTHESIS

(Meeting Room at Casa Sacro Cuore – Jars can be placed in the sacred space together with many colored footprints as symbols of our pilgrimage and synodality. Larger footprints will have questions written on them relating to the moment of personal synthesis.)

Guide 1: We have arrived at the end of the first stage of Project Mornese, travelling the route taken by so many pilgrims over the centuries. We thank the Lord who has brought us here to Rome, in the heart of the Church, to experience communion with the Church's synodal journey.

Guide 2: Project Mornese is an experience of charismatic renewal. The renewal process occurs when the person listens to reality, opens up to dialogue, and makes her/himself available to re-read experience in the light of the encounter with Jesus. This is what we want to live in this moment of encounter, re-reading our experience of these days.

(While listening to the song each participant will take a footprint where a question is written on it.)

Song: Fill Me Holy Spirit

<https://www.youtube.com/watch?v=Cdze4bwykSE>

Jn 2,5-10

The mother says to the servants: "Do whatever he tells you." There were six stone jars to purify the Jews, each containing two or three barrels. And Jesus said to them, "Fill the jars with water," and they filled them to the brim. He said to them again, "Now draw some and bring it to the master of the table." And they brought it to him. And as soon as he had tasted the water that had become wine, the master of the table, who did not know where it came from *(but the servants who had drawn the water knew)*, called the groom and said to him: "Everyone serves the good wine and, when they are a little tipsy, the less good one; but you have kept the good wine until now."

Guide 1: The Lord uses what he finds to work the miracle: empty stone jars. But Jesus does not discard them. He recognizes them as indispensable and places his "sign" on them: he redeems them, recreates them as vessels capable of accepting a new content.

Guide 2: At Jesus' request, the servants fill the jars with water; they trust in an act of readiness for something unique to occur. They do not leave the jars empty or half filled. They fill them to the brim.

Guide 1: The Lord gives us the opportunity to reflect on Christian hope and fill our hearts by recalling the experience of these days as true pilgrims in Rome to the places that speak of life, faith, heroism, and handing over one's life to generate new life in faith and love.

We invite you to answer the questions below for a personal synthesis of these days:

1. What experiences have strengthened your faith, reawakened hope and sense of belonging to the Church and the Institute?
2. What struck you most when you were in the Basilica of the Sacred Heart?
3. Which word or phrases that the Holy Father spoke remain in your heart and why?
4. How was the experience at the meeting with the richness of diversity of the worldwide FMA community at our Generalate, Casa Generalizia?
5. Were these days a synodal experience, why?

Guide 2: Let's take some time to reflect on these questions in your notebook and summarize these days in Rome.

Instrumental Music

<https://www.youtube.com/watch?v=6PktY6UVsro>

(As the music plays, time is given for reflection.)

Guide 1: We are invited to the wedding banquet, to awaken resources and creatively release new energies and also to share what we have seen and experienced. In this moment we can encounter each other and exchange our reflections.

Guide 2: Let us celebrate! Jesus and Mary are here, Don Bosco and Mother Mazzarello are here. There is wine because each one of us is a precious gift and our presence wants to be ever new to produce good wine. In the feast of life, we want our new and good wine to produce the best of ourselves so that in this unique historical hour, living the generative force of the charism, as in Valdocco and Mornese, our wine of joy and hope will never be lacking. Let us sing the Magnificat, a prayer of praise and gratitude.

Magnificat: Magnificat

<https://www.youtube.com/watch?v=iRMNmxG0wtA>

And angel went from God to a town called Nazareth to a woman whose name was Mary. The angel said to her, "Rejoice, O highly favored, for God is with you. You shall bear a child, and his name shall be Jesus, the Chosen One of God most high." And Mary said, "I am a servant of my God, I live to do your will."

Refrain

My soul proclaims your greatness, O God,
and my spirit rejoices in you,
You have looked with love on your servant here,
and blessed me all my life through.

Great and mighty are you, O Holy One,
strong is your kindness evermore.
How you favor the weak and lowly one,
humbling the proud of heart.

You have cast the mighty down from their thrones,
and uplifted the humble of heart,
you have filled the hungry with wondrous things,
and left the wealthy no part.

Great and mighty are you, O Faithful One,
strong is your justice, strong your love,
as you promised to Sarah and Abraham, kindness forevermore. (Refrain)

Guide 1: Heavenly Father, help us to go forward with hope and the courage of Mother Mazzarello and to remain united in the journey with Mary to be a "presence" that generates life in this ever-changing world. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever. Amen. Mary Help of Christians. Pray for us.

EVALUATION LINK

(If time permits the participants will complete the evaluation before supper. If deemed better, the evaluation can be completed after supper.)